

Punta Gorda, FL

Member of Florida Council of Yacht Clubs



LOG - MARCH 2025

**David McBride**Commodore



Frank Leyshon

★ Vice Commodore ★



Doug Sheid

★ Rear Commodore ★



**Terry Wright** Fleet Captain

Upcoming Deadline:

April - Friday, March 14

Items received after the deadline may not appear in that issue. If you have any photos you would like to have included, please email images in the largest format possible.

Please submit all articles and photos to: iyc@islesyc.com



# Photos

#### **WE WANT YOUR PHOTOS!**

Help us improve and update our media content on the TVs around the Club, on our website, all our social media platforms and here in the LOG! We encourage eveyone to take photos and share them with your IYC family! Please submit high resolultion photos to: <a href="mailto:iyc@islesyc.com">iyc@islesyc.com</a>. When sending with iPhone/iPad please send in "actual size."

#### ON THE COVER...

This month's cover photo is of the 2025-2026 Watch Bridge Officers. Congratulations!

#### FROM THE BRIDGE

DAVID MCBRIDE, COMMODORE



First, let me thank PC Chuck Busch and his team for their service and dedication to the Club over the past year. The new Watch has begun, and I look forward to seeing every one of you at the Club. As reported at the Annual Meeting, we are in a solid financial position and well-poised to continue being the leading club in our area, as well as the most welcoming club in Southwest Florida. Nevertheless, last year brought several challenges, many of which persist. Maintaining the Club's strength across activities, food and beverage services, boating, sailing, and hospitality requires a concerted effort by all members. As members we are the owners not just customers, and it behooves us to do our part. Many have volunteered to serve on, or chair, committees and I thank each and every one of you for your participation. I encourage all members to look for opportunities to get involved. If you have questions, talk with a Board Member.

We have an active year of events planned, and hope that each of you will take advantage of as many opportunities as possible to use your Club. It is your continued use that makes it possible for us to keep improving the member experience. I challenge everyone to look for opportunities to use our bar and dining facilities more and let us know how we are doing. We will be reviewing comments every month. I encourage everyone to try to meet new members or current members who you may not yet know. Help build and maintain a strong IYC community.

Of course, our Club experience would not be what it is if not for our wonderful staff. They are integral to the success of the Club. Please be sure to recognize their contributions not only to the normal day-to-day operations of our facilities and the food and beverage operations but also their efforts to make each of our events successful. Unfortunately, Jerry will be leaving us shortly, and I want to thank him for his service and for the new and varied dining experiences he has designed to attract you and provide variety. Try them all and let us know what's working for you.

Let's make this a year where you participate in more activities and increase your patronage of our wonderful dining facility. Finally, help us to recruit and retain members by bringing your friends and neighbors to experience what we have to offer and by telling your Club friends, SEE YOU AT THE CLUB.

Club Dress Code

**Sports Attire:** 

Collared shirts and shorts, or tennis apparel.

Casual Attire:

Collared shirts and slacks.

Men may not wear hats inside the Club.



#### **GENERAL MANAGER'S CORNER**

JERRY LARACUENTE

It has been an incredible journey over the past year as we conclude the 2024-2025 Watch at the Club. As many of you know, I have submitted my resignation as General Manager - a decision that was incredibly difficult but one that my wife and I believe is best for our family.

I really appreciate the kind words from those who have reached out to thank me for my service and for enhancing the dining experience at the Club. From day one, my goal as General Manager was to introduce small but meaningful changes that would have a big positive impact on your experience as members. None of this would have been possible without the dedication of our incredible team of managers, chefs, and staff, who played an important role in bringing this vision to life. In the process, we encountered challenges and growing pains, particularly during the kitchen management transition. However, we are fortunate to have built a strong team that is deeply committed to their role in making this Club the best it can be.

This month promises to be an exciting and eventful one filled with fantastic celebrations. Cork & Fork will honor the French Chef of the Century, Joel Robuchon. On Friday, March 14, our culinary team is creating an Irish-themed menu and buffet for the Saint Patrick's Celebration. The next evening, March 15, the Entertainment Committee has planned an incredible Rod Stewart Tribute Concert.

The culinary team will continue to push the envelope with many great dinner features and our themed buffets. The positive response to our Tuesday, Friday, and Sunday buffets has been truly appreciated, and we will continue listening to your feedback to further enhance and elevate your dining experience.

Finally, as a courtesy to your fellow members and our staff, please make reservations and honor your reservation times whenever possible. We stagger reservations to ensure timely service for everyone.

Thank you all so much for an amazing year full of great memories.

Warm regards,

Jerry Laracuente / gm@islesyc.com

## CLUB PHONE POLICY

A friendly reminder that phones are not to be used while in the Club, except for text messaging and emailing.

Please remember to mute your phone upon arrival.

#### INSIDE THE HOUSE

FRANK LEYSHON, VICE COMMODORE



Greetings, Isles Yacht Club Members!

As the days grow longer and the wind shifts towards warmer breezes, it's hard not to feel the anticipation for the upcoming Watch. The past few months have been a time of reflection, hurricane craziness and preparation, and we've been working hard behind the scenes to ensure that this year will be one to remember. As many of you know, the Change of Watch for the Bridge is a cherished tradition at the Isles Yacht Club. This event marks the transition of leadership. As your newly elected Vice Commodore, I am excited to share some updates and happenings for the coming months.

One of the most exciting projects we've undertaken is to enhance the Club's facilities to better serve our members. From recent upgrades to our docks to new events designed to foster camaraderie, there's something for everyone. We've listened to your feedback and are committed to providing more ways to enjoy your time with us through enhancing our club facilities. The Planning Committee has been hard at work and will continue to do so.

I am pleased that Doug Scheid was elected to replace me as our new Rear Commodore. As the incoming Rear Commodore, Doug will be taking on the role of Director for the Florida Council of Yacht Clubs (FCYC) during the next watch. I know Doug will excel in this position, and his dedication to the Club and its members is evident in his early participation in FCYC events. Already, many Isles Yacht Club members with boats have signed up to participate in the upcoming Davis Island event.

I'd like to take a moment to thank Jerry, our General Manager, and the Building and Grounds Committee for their continued hard work in keeping our Club's grounds looking beautiful. The improvements have not gone unnoticed, and I'm grateful for the efforts put into ensuring our facilities are maintained in top shape. Doug will also be stepping into the role of Chair for the Building and Grounds Committee. This is a key position that ensures our facilities remain pristine and welcoming for all members.

Being the newly elected Vice Commodore, my role will shift to the House Committee. I attended many House Committee meetings when I was the IT Committee Chair. The House Committee has Entertainment, Cork and Fork, Decorating and IT Committees that report during the House Committee Meetings. Every member is touched by the House Committees work. I will try to live up to Brian Barcics' excellent leadership over the past watch. The Vice Commodore is also the Board Liaison to the Charity Cup, which will see some changes during the next watch with the possible formation of an Isles Yacht Club Community Foundation.

Warm Regards,

Frank Leyshon, Vice Commodore



#### FROM THE REAR COMMODORE

DOUG SCHEID, REAR COMMODORE

As I write this article, I am finishing up the Fleet Captain duties for the 2024-2025 Watch. Stepping into the Fleet Captain position in early May without truly understanding the depth of the job was daunting. I was able to perform many of the duties with a tremendous amount of support from fellow; Officers, Directors, and the support of all of our Past Commodores, and I'd like to take this moment to thank each and every one of them.



Last month we had the opportunity to honor the life of Skip Mansfield with a Marine Celebration with his family. On behalf of the Club, I'd like to thank Glen & Cathy Mayer for their generous support on Another Bubble.

As the Rear Commodore Elect,

I look forward to serving as the Florida Council of Yacht Clubs Director for the 2025-2026 Watch. The Change of Watch will be at the Davis Island Yacht Club on March 8. There are sixteen members who signed up from the IYC to attend. Glen and Cathy Mayer are leading a Cruise to the Tampa Convention Center the same weekend with eighteen signed up although some are on a waitlist for a slip. It is great to see such enthusiastic participation from our Club.

We have three members possibly receiving the FCYC founders award this year. Jeff & Anne Pelitier traveled to sixteen FCYC clubs and traveled 923 official nautical miles on *Time Flys*. Paul Baird & Tracie Goin traveled to thirteen FCYC clubs and traveled 949 official nautical miles on *Starbuck*. Jeff & Nancy Welsh traveled to thirteen FCYC clubs and traveled 1234 official nautical miles on *Exile*. Remember the miles are only counted in once direction. Total miles cruising is much higher. Official results of the awards will be presented at the Davis Island FCYC meeting on Saturday, March 8. Perhaps there is another Yachtsman Award to be had by the IYC! Congratulations to you all. If you are working on the award for the 2025 year, please go to the website <a href="here">here</a> for more information. Let's try for continued participation the coming year!

A special thanks to members of the upcoming 2025-2026 Watch Buildings & Grounds Committee including; Patti Mixson, Mike Mixson, Dave Underwood, Brandon Esslinger, Patti Connelly, and Diane Ising. I look forward to your advice, council, and support as we fulfill the duties outlined in the IYC By-Laws.

# SAFETY KITS

There are "Stop the Bleed" kits available at the front office for \$40. It's a great idea to have one of these available in your home, boat or car.

#### FLEET CAPTAIN REPORT

TERRY WRIGHT, FLEET CAPTAIN



To the membership, I want to thank each of you for the support you have shown in confirming my election to the 2025-2026 Watch as your new Fleet Captain. I'm grateful for the support, guidance and warm welcome I've received from the other Watch Officers and Board Members. I look forward to serving the Club to the best of my ability. This is my first article for the LOG and it's meant to highlight one of Florida's wonderful maritime assets, certainly one Chrisanna and I have enjoyed immensely.

Cruising the Intracoastal Waterway along the Gulf Coast of Florida offers a unique and scenic experience for boaters and nature enthusiasts alike. Stretching from the northern panhandle down to the southern tip of the state, the Intracoastal Waterway (ICW) offers a safe, protected route along the coastline, perfect for leisurely cruises, fishing trips, and visiting yacht clubs for a day or extended trip.

Starting in the northern part of the state, the ICW leads cruisers through the scenic waters of Pensacola and the Florida Panhandle. Here, the coastline is dotted with picturesque beaches and charming small towns. As you move southward, you'll encounter the bustling cities of Mobile Bay and the charming waterfront communities of Apalachicola and Port St. Joe, which offer fantastic dining and local attractions.

Continuing further south, the waterway takes you past the beautiful white-sand beaches of the Florida Big Bend and into the heart of the state's west coast. Crystal-clear waters and vibrant marine life make this area a favorite for sailors and anglers. Cities such as Clearwater, Sarasota, St. Petersburg, Fort Myers and Naples are prime stops along the route, with their lively downtown areas, thriving arts scenes, and gorgeous waterfront parks.

One of the highlights of cruising the Intracoastal Waterway in Florida is the ability to easily access the Gulf of Mexico when desired. Cruisers can veer off the ICW and explore some of Florida's best beaches, offshore islands, and yacht clubs including the popular barrier islands like Sanibel, Captiva, and Anna Maria Island. These islands are perfect for exploring by boat, offering secluded beaches and unique wildlife.

Whether you're an experienced cruiser or a novice, the ICW offers a memorable journey through one of Florida's most stunning regions. Our favorite ICW stop is St. Petersburg. What's yours?

See you on the water...

Terry Wright Fleet Captain, 2025-2026 Watch

#### **NEW MEMBER SPOTLIGHT**



#### **BARBARA FRASER**

Barbara is a native of the Fort Wayne, Indiana area. She has spent the last twenty-four winters in Punta Gorda, and enjoys spending summers with her family at her cottage on Lake George, Coldwater, Michigan. She is a graduate of International Business College, Fort Wayne, Indiana. Barbara is a retiree of Michelin, Fort Wayne Plant, where

she was the Administrative Assistant to the Plant Manager. She enjoys reading, knitting, and fitness activities.

Sponsors: Sheldon Busse & Chuck Hopper

## RED DOT SOCIAL

Join us for our Red Dot Social on Wednesday, March 5 at 4:00 p.m. on the Patio!



#### MEMBERSHIP COMMITTEE

**BOB WEISENBECK** 

As we kick off the 2025-2026 Watch, the current voting membership is 882, eighteen short of our 900 maximum capacity. The Membership Committee is already looking at new ways to attract new members to ensure that we continue to maintain full membership. While we recognize that most new members come from current member referrals, we will be looking at ways to be more proactive in reaching out to potential members.

I feel fortunate that most of the 2024-2025 Watch committee members agreed to remain on the committee and I have been successful with the addition of three new members. Members of the 2025-2026 Membership Committee are:

- Bob Weisenbeck, Committee Chair and Board Liaison
- Lori White Membership Coordinator
- IYC General Manager
- Rose Askew-Hergenhan
- Jake Dye
- Paul Jensen
- Terry Johnson
- Nancy Railton
- Marie Smith
- Stephanie Stewart
- Lorri Walberg
- Kathy Yarborough

# Change of Watch 2025













# Save the Date!

#### Save the Date for these Upcoming Events:

End of Season Tennis Banquet - Tuesday, April 15

Wine Tasting - Thursday, April 24

Cigar Night - Wednesday, April 30

Kentucky Derby Party - Saturday, May 3

Cinco de Mayo Buffet - Tuesday, May 6

Mother's Day Brunch - Sunday, May 11

Wine & Dine Bordeaux Countryside - Wednesday, May 14





# **ISLE-ETTES**MARY ANNE FAUST

I would like to personally thank everyone that has supported me this past year. It was my goal to get more of the women of the Club involved and excited about our programs. The Isle-ettes are a very important group, to the Club, and I am happy that I have seen more ladies get involved.

My last luncheon was The Breakfast at Tiffany's Fashion Show. This event was a huge success. We were able to raise over \$10,000 to benefit our Club. I am so proud of my Board, and my committee heads, and truly honored to have worked with these amazing women. We worked together effortlessly, having a lot of fun along the way. Thank you to White House Black Market in Coconut Point, and to all the beautiful models that wore these fashions so elegantly.

This month, on Tuesday, March 11 will be our Change of Watch. I will be honored to induct Cindy Bapst as your Isle-ettes President for the 2025-2026 Watch. Cindy has a wonderful Slate of Officers that have exciting things planned for future luncheons. I encourage everyone to stay involved.

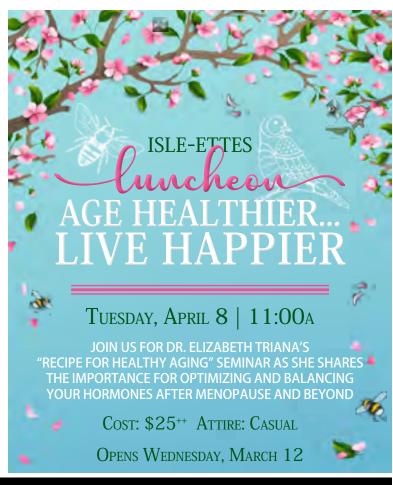
It has been my pleasure meeting so many wonderful women over this past year. I am very grateful to have been your President. I look forward to seeing you at future events!

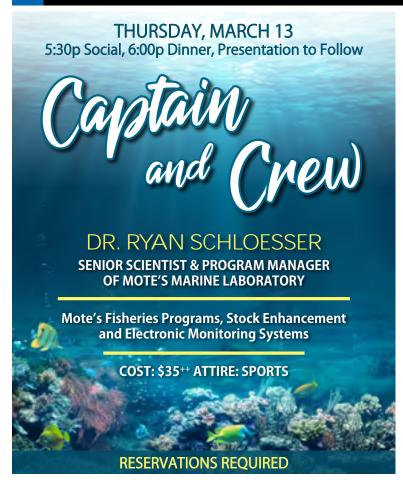
Warm regards,

Mary Anne Faust











# CRUISING COMMITTEE JEFF ZIEMER & JOHN TODD





Mother Nature was not very cooperative, which resulted in a two-day departure delay, but seven boats of the original fourteen signed up managed to find their way to Boca Grande Marina for the first cruise of the 2025 boating season January 23-25. Due to the chilly weather conditions, the Denning's hosted cocktails on their boat *Job Site* on the first night. A group dinner was held at

the Eagle Grille. The marina was in great shape... all new power pedestals and all new golf carts. Although the ride over was foggy and drizzly, the weather cleared and made for a nice run home on Saturday.

We have two upcoming cruises, both have been announced and opened for registration. First up, is the March 7-10 Cruise to Tampa Convention Center Marina. The marina is situated downtown on the Tampa Riverwalk and within walking distance of the History Center, the Aquarium, museums, and a variety of restaurants and bars. The dates coincide with the FCYC (Florida Council of Yacht Clubs) event hosted by Davis Island YC which is conveniently located near the TCC Marina.

We hope you will sign up to cruise to Marathon, FL, where we will be staying at Marlin Bay Marina and Resort, located next to the Marathon YC. Dates are Tuesday, April 15 - Friday, April 18. Marlin Bay offers a host of amenities and is in close proximity to several restaurants and tourist attractions.

February 9, we had our Cruisers 2024 Awards Breakfast. The IYC Fleet Captain, along with the Cruise Committee Chair, handed out awards to those folks who have led a cruise. It's our way of thanking them for volunteering. This year we gave away thirteen awards, and we'd love to add to that number for the 2025 cruising season. We need you, our cruisers, to make that happen.

The Cruising Committee meets at 9:30 a.m. in the Compass Room on the third Tuesday of each month. All cruisers are welcome and encouraged to attend. Mark your calendar, and plan to join us!

# BICYCLE GROUP BRUCE & DORRIT TOMPKINS



The IYC Bike to Lunch Group travels to exotic Venice for a ride on Monday, March 17. Let's park in Centennial Park and ride the beautiful Venetian Waterway Trail. Group photo at 9:45 a.m. Lunch at Dockside Waterfront Grill (located within Fisherman's Wharf marina) 509 N Tamiami Trail, Venice. Ride Leader is Anne Pelter: peltiers@live.com / 701-261-4550.

April is open. Anyone want to lead a ride? Bill Clausen is investigating a Boca Grande ride in May.



#### IYC SAILING CLUB

JOE HELLNER

#### AHOY IYC SHIPMATES!

Did you know that IYC has three Harbor 20 sailboats that can be used by all members? They are kept at the Club, reserved online via the Club website, and are signed out at the Dockmasters Office. A member must be on the qualified skipper list to reserve and sign out a boat. The purpose of qualification is to ensure the member responsible for signing out the boat knows the Club and Safety rules, understands how to get the boat ready and to properly put it away for the next member, and how to sail and operate the boat including the electric motor.

For safety, the Club boats must have at least two people aboard and can have as many as four fit in the cockpit. Only one person needs to be qualified. Qualified members may take out family, other members, and guests.

Experienced sailors need only go out a few times on a Club boat to gain the knowledge needed to take one out on their own. For members new to sailing, crewing with a qualified member on an outing, in a social sailing event, or in one of our racing programs is a great way to learn. To get on the qualified list, designated Isles Sailing Club members such as our VP Michael Mixon will take you out on a check out sail, when you feel ready.

The IYC boat names are *Crafty Lady, FWB II*, and *Clipper*. In this, and future Sailing Club columns, we will tell the story of how IYC got involved with Harbor 20's, how the Club got their boats, and how the Club boats got their names. First up is Crafty Lady, which was the first Club boat acquired. It was purchased with 100% member donations through the Compass Fund. One of the primary donors, who happened to be Chair of the IYC Crafters, requested the boat be named as such. The boat you see today is not the original, which was severely damaged in a hurricane and replaced with the current *Crafty Lady*.

Racing News: PPYC Golden Conch Regatta Top Finishers were First - Squealer (CHYC Mike Scott, Jeff Todd), Second – Yellow Jacket (CHYC Jeff Scholz, Rudy Trejo), Third – Flying Cloud (IYC Christi Van Heek, Jan Van Heek). Leading the Sunday PGSC H20 Winter Spinnaker Series after two races are Mystic Blue (IYC Bernie Coyne), Aude, Man, and the Sea (IYC Bob Sisk), and Black Marlin (IYC Scott Schoettley). IYC Fall Championship Series Winners were First – Mystic Blue (Bernie Coyne), Second – Bella Mia (Ray Delong), Third – Aude, Man, and the Sea (Rob Sisk). IYC Intra Club Fall Series Winner was FWB II (Hellner, Morgan, Taylor, Dorn).

# Bike to Breakfast

Don't forget about our WEEKLY Bike to Breakfast, every Saturday morning. We aim to ride as a group to one of half dozen or so local restaurants. For more information, please contact Barbara Besheer / bbesheer@gmail.com

#### HOSPITALITY COMMITTEE

**BRANDON ESSLINGER** 



As I undertake the responsibilities previously managed by Bob Avallone, I acknowledge his valuable contributions that will ensure a seamless transition. The improvements he has implemented within the committee are impressive. I am grateful that I can count on Bob's guidance in the forthcoming year.

Additionally, I would like to extend my sincere gratitude to all the committee members who have committed to serving this year. The definition of hospitality is "the act of being friendly and welcoming to guests and visitors." These individuals exemplify this definition. They not only greet attendees on Friday evenings but also maintain our reputation as "The Friendliest Club in Southwest Florida" with our guests from other clubs.

If you are interested in serving on this committee, please contact me at (314) 496-3250 or speak with the front office.

#### COMMUNICATIONS

HEIDI CAPODANNO



First off, I would like to thank Dennis Cantwell for his leadership in keeping the Communications Committee on task this past watch. I joined the committee a few months back after attending a meeting, where I shared information from another committee that I was on and was then asked to stay.

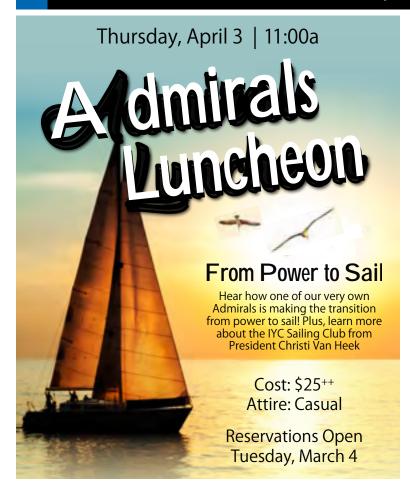
We have some great legacy people that has been on the committee for a bit and that is Mary Anne Faust and Phylis Gambone. Lisa Kleinbach joined the end of last Watch, like myself, and we have added Wendy Decker and Cheryl Berlon.

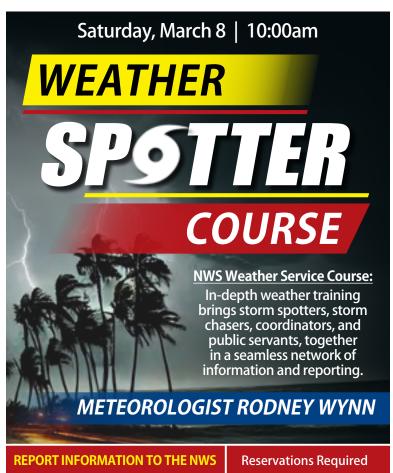
The Communications Committee is working to improve how we engage with current members and attract new ones, ensuing that everyone stays informed and feels included. Our Club thrives on strong connections, shared experiences and a welcoming community.

We also see another opportunity to get the news out in the community when we do good things. We are working on some projects now to better engage with the media so stay tuned for that.

We value your input and want to create an open channel for ideas, suggestions and discussions to improve our outreach and communications going forward.

We're excited to enhance our communication efforts and make our Club stronger than ever. Stay tuned for updates, and let's grow together!





#### **ADMIRALS CLUB**

CHERYL O'BRIEN, JOANNE ZIEMER, & SALLY DORN



Our Admirals were honored to have Mr. Barry Shifflett from the local Coast Guard Auxiliary speak to us at our February meeting. He touched on several common safety points that many of us "experienced" boaters, often forget or take for granted; it was a very enlightening and enjoyable meeting to say the least.

Our next meeting will be held on Thursday, April 3 when we will be putting the spotlight on our Harbor 20 fleet. Are you a Windy kind of gal? Or a power woman? We are here to tell you that it doesn't matter, our little Harbor 20's are available for everyone in our Club - to enjoy with an IYC approved skipper. We hope you are able to join us and hear how one of our very own Admirals is making the transition from 600 horses to 220 square feet of canvas, and also learn more about our IYC Sailing Club from President Christi Van Heek. Please join us in the Main Dining room, 11:00 a.m. for a delicious lunch and stimulating conversation.



# Bocce Night!

Organized Tuesday Bocce is played weekly October - April.
Sign-up details are emailed to all members on the current Bocce group email list.

Members who would like to be added to the email list, please contact the IYC Front Office.

Visit the IYC Bocce webpage for additional information.

# **ACTIVITIES**DUANE ISING



Under the umbrella of the Activities Committee, our great Club offers all the following:

- Bicycling
- Golf-Mixed Scramble
- Tennis
- Pickleball
- Sporting Clays-Shooting
- Bocce
- Billiards
- Bridge-Men's
- Canasta
- Euchre

- Mah Jongg
- RummiKub
- Media Artists in Action
- Women in Action
- Book Club
- Forever Fit
- ABS Fitness
- Water Aerobics
- Yoga
- Zumba

If you are not currently enjoying one or more of these activities, consider reaching out and joining the fun. Contact information for all our activities is available on the website, and schedules appear in every weekly GM Update. If you need assistance in getting connected, contact the front office or me.



### **ENTERTAINMENT COMMITTEE**

JULIE LEYSHON

What an exciting year of entertainment it's been at the Isles Yacht Club, and it wouldn't have been possible without the exceptional leadership of Joel Rizor, Gail Busch, and Vicki Riggs, who led the Entertainment Committee throughout the 2024-2025 Watch. A big thank you to Joel, Gail, Vicki, and all the members of the Entertainment Committee and those who helped with the events, your efforts truly made this Watch unforgettable.

As we move into the new year, we are thrilled to announce that Carolyn McBride, Lynda Benson, and I will be leading the Entertainment Committee. We hope you will enjoy the exciting events the committee is planning for this year, and we encourage you to join us for all the fun!

Looking ahead, we are kicking off March with a festive celebration. On March 14, our Friday Night Buffet will feature a St. Patrick's Day Celebration, so wear your green and get ready to enjoy a delicious buffet with your fellow members. Don't worry if you're not Irish - this event is for everyone! It's the perfect opportunity to celebrate the spirit of the holiday with great food and company and the music of Kat Orlando.

Then, on **March 15**, we'll switch gears and turn our attention to music. We are thrilled to welcome the **Rod Stewart Tribute Concert**, a performance you won't want to miss. The tribute act, **Sir Rod**, will bring all the energy and hits of the legendary English singer and songwriter to the Isles Yacht Club. The idea for this show came from one of our very own members, and we're excited to bring this spectacular music event to life.

**Dueling Pianos** with Glenn Mack and Keith Kobee, accompanied by Jimi Pappas on the drums, will be at the Club in April. This is a one-of-a-kind event that promises to be a spectacular evening full of crowd favorites, rock 'n' roll classics, and plenty of interaction with the audience. Dueling pianos is a musical showdown where two skilled pianists play songs based on audience request. It's a high-energy performance that invites everyone to sing, dance and join in the fun. Mark your calendars for Saturday, **April 12**, and don't miss out on this exciting event! Get your friends together and prepare for a night of music, laughter, and good times!

As we continue to plan and host events, we encourage anyone interested in joining the **Entertainment or Decoration Committee** to reach out to us. There's always room for new ideas and fresh perspectives, and we would love for you to be involved!





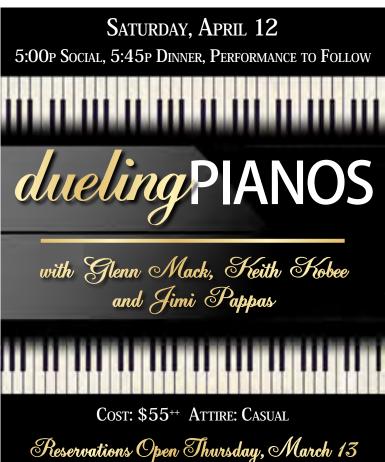














SATURDAY, MARCH 15 5:00P SOCIAL, 5:45P DINNER, MUSIC TO FOLLOW

Entertainment: Tommy Edwards

COST: \$45<sup>++</sup> ATTIRE: CASUAL

RESERVATIONS REQUIRED

# FEBRUARY 2025 | SUN MON TUE WED THE FRE SAT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | |

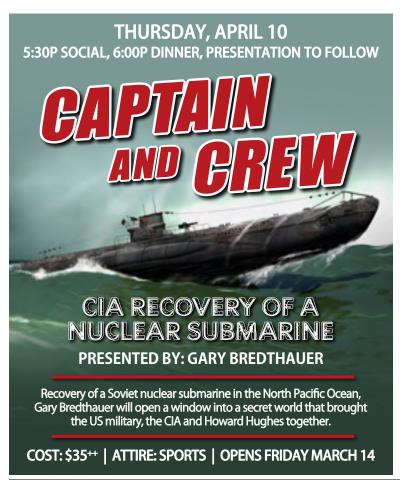
## **ISLES YACHT CLUB CALENDAR**



	APRIL 2025					
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0	charged to the mer	Cancellation Policy: No-shows AND reservations not cancelled by 10:00am, the day BEFORE the event, will be harged to the member. Cancellations for Cork & Fork dinners must be made by 10:00am 7 DAYS before the event.  Office: (941) 639-7551 Dockmaster Cell: (941) 769-0842					1 Tennis Poker 3-5p Patio Music Ron Lorenzo
	2 9a - 1p Breakfast Buffet	3 RESTAURANT & BAR CLOSED	<b>4</b> Tuesday Buffet - Taco Tuesday	5 9a ISC Meeting 11:30a Blue Gavel 4p Patio Music Danny Beach 3p Leadership Development Social 4p Red Dot Social	6	7 Buffet - Stir Fry Station Entertainment Kim & Bob	8 10a Lecture: Weather Spotter Course 3-5p Patio Music Ron Lorenzo
	9 9a - 1p Breakfast Buffet	10 RESTAURANT & BAR CLOSED	11 11a Isle-ettes Change of Watch Tuesday Buffet - Italian	1:30p Membership Committee Mtg. 4p Tennis Mtg. 4p Patio Music Paul Raush 6p Cork & Fork French #1	13 4p Book Club 5:30p Captain & Crew	14 St. Patrick's Themed Buffet Entertainment Kat Orlando	Tennis Member / Guest Tournament 3-5p Patio Music Ron Lorenzo 5p Rod Stewart Tribute Concert Entertainment Tommy Edwards
	9a - 1p Breakfast Buffet Entertainment Tony Boffa	17 RESTAURANT & BAR CLOSED Bike to Lunch	9:30a Cruiser's Meeting 11a B&G Meeting 3p Entertainment Meeting Tuesday Buffet - Asian	9a House Mtg. 4p Patio Music Steve Cipriano 5p Boaters at the Bar 5:30p Medical Lecture	9:30a Finance Mtg. 11a Planning Mtg. 6p Cork & Fork French #2	21 Buffet - Stir Fry Station Entertainment A-Train Skipper's Meeting	3-5p Patio Music Ron Lorenzo Harbor20 Regatta & Awards Dinner
3	23 9a - 1p Breakfast Buffet	24 RESTAURANT & BAR CLOSED	25 9a BOD Meeting Tuesday Buffet - Mediterranean	26 4p Patio Music Steve Cipriano 7p Cigar Night	27 5:30p Wine Tasting	28 Buffet - Carving & Pasta Station Entertainment Latitude	3-5p Patio Music Ron Lorenzo
	<b>30</b> 9a - 1p Breakfast Buffet	31 RESTAURANT & BAR CLOSED	Kitchen Hours: Sunday Breakfast: Monday Closed Tuesday - Saturda Bar: Tuesday - Sat Happy Hour Daily:	y: 11:00a - 9:00p urday: 11:00a - 10:0	0р		





#### TENNIS COMMITTEE

**ROBERT HARDY** 

The Tennis Committee, under the outstanding leadership of Julie Ann Weir, conceived, planned and executed a lifesaving program to qualify every tennis team captain in cardiopulmonary resuscitation (CPR) and using the Automated External Defibrillator (AED). Julie coordinated the program with our very own Dr. James McCarty who conducted two CPR and AED sessions, qualifying nine members of the tennis community. We want to thank Dr. McCarty for selflessly giving his time and knowledge in a program that may well save a life someday. Another training session will be conducted in the Fall for all tennis players who would like to become trained. Team Captains, when competing in home games, are encouraged to check out one of the two AED's that are stored in the Dockmaster's office. As a reminder, there are additional AEDs in the exercise room and one just inside the Club in the service hallway, by the door to go out onto the Patio.

Ann Pfister-Brown, our Social Tennis Chair, contributed the following summary: In January, we played our Fifth Annual Davis Cup Competition. Four countries were very competitive until the final week, when Team USA emerged victorious. The communal dinner, immediately following the final game, showcased our tennis players "grooving" to live music. If you are interested in being a Davis Cup captain for next year, please let Ann know.

On March 1, from 11:00 a.m. -2:00 p.m., Ann will supervise our annual Tennis Poker Round Robin. Make a reservation directly with Ann; reservations will close February 28 at 4:00 p.m. The registration fee of \$20 will be due the day of the round robin. What makes this event unique is that the poker hand you have at the END of the day's play determines the winer. After competition, please join us on the patio for lunch, drinks, and entertainment - winners may even consider treating us to a drink!

The annual Club Tennis Championship Weekend is planned for April 5 and 6, from 10:00 a.m. — 4:00p.m. Women's and Men's Doubles teams will play on Saturday, and Mixed Play will be held on Sunday. The tournament format will be determined later by the number of teams that register. After playing on Saturday, we will regroup on the Patio, BUT, on Sunday, we will have music and a grill set up courtside for the enjoyment of players and fans alike. Let's make it a party to celebrate the end of the season! Please contact Ann Pfister-Brown at apfisterbrown@yahoo.com for reservations or questions.

# Tennis Players

IYC is open to ALL tennis players. If you are interested in playing, whether you are a beginner or a returning player, feel free to join!

Contact Margaret Seter for more information. (631)871-4279 / margaret121@comcast.net



#### PLANNING COMMITTEE

**DENNIS CANTWELL** 

I would like to extend my gratitude to Carol Nuzzo for her leadership as Chairperson of the Planning Committee during the previous Watch. I also appreciate her willingness to provide me, as the incoming Chair for the 2025-26 Planning Committee, advice and counsel as we move into the next Watch.

At the Annual Membership Meeting, the Planning Committee presented an update on the Campus Plan. For those who were unable to attend, or may have left early, the presentation is available on the IYC website. You can access it by navigating to **Member Central > Strategic Plan > Campus Plan**, where you will find the slide presentation with detailed information.

I would like to begin by addressing the purpose behind the Planning Committee's work on the Campus Plan.

The existing "modular" Bridge Building was installed more than twenty years ago following Hurricane Charley. The key question now is: How much longer can the Bridge Building effectively serve the IYC needs, and at what cost?

A report from Modular Genius, a company specializing in modular buildings, provides the following estimates for the average service life of modular building components:

Interior Finishes: 5 to 10 years
Roofing Systems: 20 years
Mechanical Systems: 20 years

Electrical and Plumbing Systems: 25 years

Windows and Siding: 30 years

Willdows and Slding, 50 years
 Building Structure: 25 to 30 years

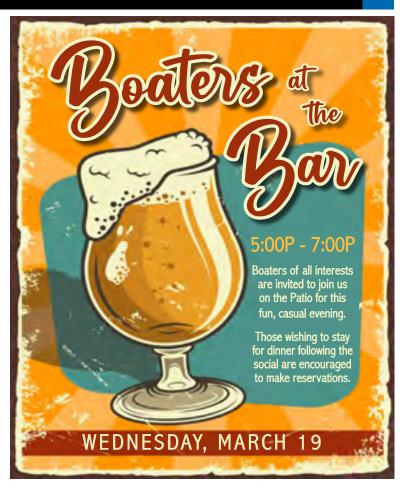
• Foundation: Forever

If we were to begin the Campus project today - assuming membership approval - the Bridge Building would be celebrating its 25th anniversary by the time of its removal. Based on these service life estimates, the question is not **does** the building needs to be replaced, but **when**.

Four years ago, many members believed the current Bridge Building was sufficient. However, since then, the building is older and approximately 30% of our current membership is new, and 62% of the new members have expressed an interest in fitness activities (Gym, Pool, Fitness Classes). The proposed Activity Building and pool would provide improved fitness areas, along with space for additional activities, aligning with the high standards set by our existing Clubhouse.

Considering these factors, the Board directed the Planning Committee to develop a Campus Plan that reflects the needs and preferences of the membership. This plan will include a detailed timeline and cost analysis to ensure that, when the membership decides to move forward, the Board will be fully prepared to execute the project efficiently.

We appreciate your support and engagement as we continue this important planning process, while maintaining the original intent. I'm interested in hearing from you.



# Medical Zecture Series



WEDNESDAY, MARCH 19 • 5:30P

# GASTROINTESTINAL ENDOSCOPY, LAPAROSCOPIC, & BARIATRIC SURGERY

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#### SAFETY COMMITTEE

DR. JAMES MCCARTY

#### **Understanding Sprains: Causes, Symptoms, and Treatment**

A sprain is a common injury involving the stretching or tearing of ligaments, the tough bands of tissue that connect bones to one another. Sprains typically occur in the ankles, wrists, and knees due to sudden twists, falls, or impacts.

#### **CAUSES**

Sprains often result from:

- Falls: Landing awkwardly can twist a joint.
- Sports Injuries: Sudden movements, collisions, or overextension during activities like running, jumping, or tackling.
- Accidents: Slips, trips, and vehicular accidents can force joints into unnatural positions.

#### **SYMPTOMS**

The severity of a sprain can vary, but common symptoms include:

- Pain: Immediate, sharp pain at the injured site.
- Swelling: Caused by inflammation and fluid buildup.
- Bruising: Discoloration due to blood vessel damage.
- Limited Mobility: Difficulty moving the affected joint.
- Instability: Feeling of weakness or instability in the joint.

#### **TREATMENT**

Treatment of sprains follows the R.I.C.E. protocol:

- 1. Rest: Avoid activities that stress the injured joint.
- 2. Ice: Apply ice packs for 15-20 minutes every 2-3 hours to reduce swelling.
- 3. Compression: Use elastic bandages to wrap the joint, providing support and reducing swelling.
- 4. Elevation: Keep the injured limb elevated above heart level to minimize swelling.

For severe sprains, medical attention is necessary. A doctor may recommend:

- Physical Therapy: Exercises to strengthen the joint and restore mobility.
- Pain Relief: Over-the-counter pain medications or prescribed anti-inflammatory drugs.
- Immobilization: Using a brace or splint to stabilize the joint during recovery.

#### **PREVENTION**

Preventing sprains involves regular exercise to maintain strength and flexibility, proper warm-up before physical activities, and wearing appropriate footwear.

Understanding how to manage and prevent sprains can significantly aid in quick recovery and reduce the risk of future injuries.

# **BOOK CLUB**NANCY MEADOWS

9

Book Club is in full swing as members enjoy book discussions, a beverage, and a cookie. We always meet at 4:00 p.m. in the Compass Room, the second Thursday of the month.

March 13 we will discuss <u>Symphony of Secrets</u> by Brendan Slocumb. He is our guest author via ZOOM, so please come, bring a friend and enjoy listening to his interpretation of <u>Symphony of Secrets</u>. How he got started as an author and why he enjoys being an author. For March, our meeting will be held in the Board Room.

April 10, we will discuss <u>The Personal Librarian</u> by Marie Benedict & Victoria Christopher Murray. This book was a Good Morning American Book Club Pick, named a "Best Book of the Year" by NPR, and named a "Notable Book of the Year" by the Washington Post. Historical fiction at its best. A remarkable novel about J.P. Morgan's personal librarian.

May 8 is our last meeting for the season. We will discuss <u>Pineapple</u> <u>Street</u> by Jenny Jackson. It follows three women in one wealthy Brooklyn clan during the Gilded Age.

Don't forget, you can get the list of books on the IYC website <u>HERE</u> or order at Copperfish Book Store and the PG Library.

The IYC library is still looking good. Thank you to those that have donated a new or gently used, recent book.

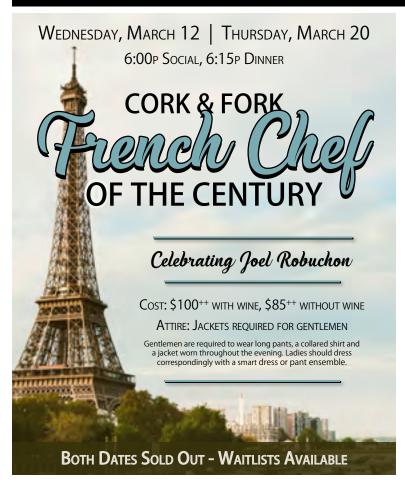
Happy reading!

**Nancy Meadows** 

# COMBINED CDR & AED CLASSES

IYC member Dr. James McCarty will be offering private and group training (2-4 people). There will be **no charge** for the training classes. If a certification card is needed, a \$25 fee will be passed through the American Heart Association. Please make arrangements for training with the office.

If you would like to purchase a Waterproof First Aid Kit, contact the front office. As the kit contains some items that may be unfamiliar in their use, Dr. McCarty would be happy to review the contents with anyone who buys one.







### EVENT DETAILS

For complete details of all Club events, including menus, event cost, and dress code, be sure to visit the Isles Yacht Club mobile app or the IYC website!

# How Much Do You Know About Your Club?!

"How and where can you express your interest in running for an officer or director position?"

Click <u>HERE</u> or visit the Nominating Committee letter on the Clubs & Committee webpage, under the Member Central tab.

#### **Last Month's Question:**

"Will serving on a committee be a great way to meet new friends & become more thoroughly integrated into your Club?"

Answer: Absolutely. You will easily find fellow members with similar interests in our many committees.



#### **EUCHRE**

**CATHY STUART-GILBERT** 

Euchre/7-Up will be played the first Wednesday each month at 7:00 p.m., in the Compass Room. Singles welcome - instructions will be offered! Questions? Contact cathygilbert@bell.net

#### MAH JONGG

KATHY KELLE 941-575-2142



Game play every Monday at 1:00 p.m. Anyone who would like to learn Mah Jongg is welcome.

# **MENS BRIDGE**

PETER SINDEN 716-672-9003

Men's Bridge players meet every Friday at 11:00 a.m. in the Commodore's Grille for lunch with Bridge play following in the Compass Room.

If you would like to play, call Peter. All players welcome.

## **ISLES YACHT** FOREVER FIT with Mitzi Fee: 1 class/\$8, 10 classes/\$65 ABS with Mitzi Resumes this Fall Fee: 1 class/\$8, 10 classes/\$65 VATER AEROBICS with Rhonda Tuesdays & Thursdays: 10:30 a.m. Fee: 1 class/\$9, 8 classes/\$65 YOGA with Fudy Wednesdays & Saturdays: 8:30 a.m. Fee: 1 class/\$9, 10 classes/\$80 ZUMBA with Rhonda Tuesdays, Thursdays: 9:00 a.m YOUR 1st Fee: 1 class/\$9, 8 classes/\$65 class is free! Paula Beers: (812) 786-1228 / Mitzi Rigden: (941) 740-0604

#### **CANASTA**

**GAIL OLSEN** 

We will meet every Tuesday, November - May at 12:30 p.m. in the Compass Room. Come early and enjoy lunch! It's a great way to meet fellow members. Questions? Contact Gail Olsen at gailolsen@charter.net

#### **RUMMIKUB**

**BARB HEIBNER** 

We meet every second and fourth Friday of the month, at 12:00 p.m. in the Bridge Building. Questions? Contact Barbara Heibner bamhiebner6@gmail.com / (941) 661-8797

#### MEDIA ARTISTS IN ACTION

DEBBIE MURPHY-FISCHER

Our group has expanded to accommodate other points of interest besides beading and stitching. If you are a fiber artist, a stone wrapper or card maker, just to name a few, you are all welcome. Weekly participation is not required. Come as often as you like. Join the fun on Tuesdays at 1:00 p.m.



# Employee Birthdays!

#### **MARCH**

March 7 Stephen Bernstein, Cook

March 11 Kristy Farnsworth, Server

March 30 Julie Isabelle, Server

Stace Blaich, Expeditor



## Member Birthdays & Anniversaries

# March Birthdays

#### Bruce McCollum 1 Deborah Murphy-Fischer Donna Owens-Willsey Jeffrey Ziemer 2 **Bob Chester** Fred Shoaff **Dorrit Tompkins** Susan Wohlfeld 3 Michael Brennan Goran Modig Judy Kaff Marianne Bjorkman Lynn Renz Ruthanne Scaturro **Brett Helphenstine** 6 **Bruce Howell** Mary Jollett Jennifer Myers Vic Simpson 7 Glen Dilley Roger Maynard Orland Van Gunten Bob Zablocki Virginia Cleland **Bob Fortin** 10 Dennis O'Brien Nancy Tobin 11 Marjorie-Jo Petruccelli **Dwight Neuhausel** 12 13 Debra Deegan **Chuck Hopper** Kathy McAleer Charlotte Popp 14 Dave Beck Randy Fleming Patricia Sheridan 15 Susan Shaw Deborah Sween 16 Howard Chamberlain

John Murdock Sonja Sifrit

Janet Tauer

Patti Connelly Patricia Daniels Mike McHugh Mike Newman

17

18

Dirk Lenthe

19

19	DIIK LEIKIIE
	Carol Tokay
20	Paul den Ouden
	Michael Egan
	Stephanie Green
	North Shetter
21	Joanne Collins
	Becky Karam
	Derald Lary
	David Slade
22	Russ Burmeister
	Cindy Jacunski
23	Bob Weisenbeck
24	Terry Asher-Cannon
	Jim Bizier
	Lorie Bohager
	Matt Ezra
	Deanne Gabel
	Robert Sween
25	Glenn Cleland
	Nancy Zimbicki
26	Ryan Neuweg
29	Larry Muma
	Robbie Sifrit
30	Bill Kowal
31	Aaron Resnick

# March Birthdays March Anniversaries

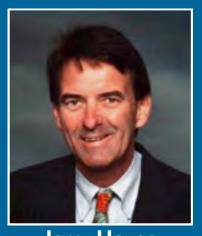
1	Roger & Joette Maynard
	Dave & Joan Underwood
2	Jay & Paula Ruble
4	Ken & Mary Eitenmiller
	Michael & Patti Mixson
5	Karl & Terry Moeller
9	Greg & Jennifer Hurst
10	Greg & Charlotte Popp
13	James & Carol Nuzzo
20	Steve & Phillis Wash
22	John & Susan Cravens
23	Jim Bizier & Mary Jollett
24	Bob & Cate Peterson
25	Eric & Wendy Decker
26	Daniel & Carolyn Bandklayder
	Jeffery & Joanne Ziemer
28	Brandon & Martha Esslinger
	Joe Hellner & Kathy McAleer
	Dave & Susan Monroe
29	Daniel & Josette Peterson
31	Glenn & Virginia Cleland

Enjoy a complimentary cocktail or despert for your birthday and a complimentary bottle of wine for your anniversary!

Lisa Wienecke

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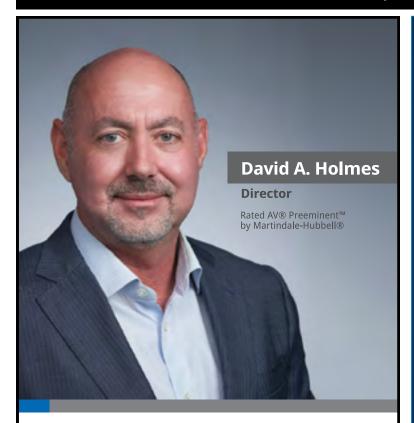


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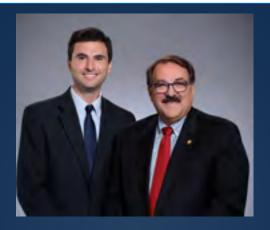
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Secretary Mary Anne Faust



Director Dennis Cantwell



Director Duane Ising



Rear Commodore Doug Scheid



Finance Officer John Beane



Director Heidi Capodanno



Bob Weisenbeck

#### HOURS OF OPERATION

# MAIN DINING ROOM & COMMODORE'S GRILLE Kitchen Hours (Tuesday - Saturday): 11:00 a.m. - 9:00 p.m. Breakfast (Sunday): 9:00 a.m. - 1:00 p.m. Bar Hours (Tuesday - Saturday): 11:00 a.m. - 10:00 p.m.

GAS DOCK: Daily 8:30 a.m. - 4:00 p.m.

# MAIN DINING ROOM & COMMODORE'S GRILLE Closed Monday

# DRESS CODE <u>Commodore's Grille</u>: Sports Attire (Collared shirts with shorts, slacks, or tennis apparel.)

<u>Main Dining Room:</u> Casual Attire (Collared shirts and slacks.) Sports Attire may be worn for Friday night dining and for Sunday Breakfast.

Men may not wear hats inside the Club.

Swimwear with a cover-up may be worn on the patio, but is not permitted in any of the public rooms of the Club.